

## WHAT ARE WE SUPPOSED TO REMEMBER?

Forget not his \_\_\_\_\_.

### Very good news:

Verses 10 – 12 – <sup>10</sup> He does not deal with us according to our sins, nor repay us according to our iniquities. <sup>11</sup> For as high as the heavens are above the earth, so great is his steadfast love toward those who fear him;  
<sup>12</sup> *as far as the east is from the west*, so far does he remove our transgressions from us.

## OUR MEMORIAL . . . THE LORD'S SUPPER

Verses 8 – 10 – <sup>8</sup> The LORD is merciful and gracious, slow to anger and abounding in steadfast love. <sup>9</sup> He will not constantly accuse us, nor remain angry forever. <sup>10</sup> He does not deal with us according to our sins, nor repay us according to our iniquities.

Exodus 34:6 & 7, <sup>6</sup> “The LORD, the LORD, a God merciful and gracious, slow to anger, and abounding in steadfast love and faithfulness, <sup>7</sup> keeping steadfast love for thousands, forgiving iniquity and transgression and sin, but who will by no means clear the guilty, visiting the iniquity of the fathers on the children and the children's children, to the third and the fourth generation.”

All we like sheep have gone astray; we have turned—every one—to his own way; and *the LORD has laid on him the iniquity of us all.* (Isaiah 53:6)

FORGET NOT  
ALL HIS BENEFITS  
REMEMBER!



SCC Message by John Aldax, May 29, 2016

### Psalm 103 Of David

- <sup>1</sup> Bless the LORD, O my soul, and all that is within me,  
bless his holy name!
- <sup>2</sup> Bless the LORD, O my soul,  
and *forget not* all his benefits,
- <sup>3</sup> who forgives all your iniquity,  
who heals your diseases,
- <sup>4</sup> who redeems your life from the pit,  
who crowns you with steadfast love and mercy,
- <sup>5</sup> who satisfies you with good  
so that your youth is renewed like the eagle's.
- <sup>6</sup> The LORD works righteousness  
and justice for all who are oppressed.
- <sup>7</sup> He made known his ways to Moses,  
his acts to the people of Israel.
- <sup>8</sup> The LORD is merciful and gracious,  
slow to anger and abounding in steadfast love.
- <sup>9</sup> He will not always chide,  
nor will he keep his anger forever.
- <sup>10</sup> He does not deal with us according to our sins,  
nor repay us according to our iniquities.
- <sup>11</sup> For as high as the heavens are above the earth,  
so great is his steadfast love toward those who fear him;
- <sup>12</sup> as far as the east is from the west,  
so far does he remove our transgressions from us.
- <sup>13</sup> As a father shows compassion to his children,  
so the LORD shows compassion to those who fear him.
- <sup>14</sup> For he knows our frame;  
*he remembers* that we are dust.
- <sup>15</sup> As for man, his days are like grass;  
he flourishes like a flower of the field;
- <sup>16</sup> for the wind passes over it, and it is gone,  
and its place knows it no more.
- <sup>17</sup> But the steadfast love of the LORD is from everlasting to everlasting on those  
who fear him,  
and his righteousness to children's children, <sup>18</sup> to those who keep his  
covenant and *remember* to do his commandments.

<sup>19</sup> The LORD has established his throne in the heavens,  
and his kingdom rules over all.

<sup>20</sup> Bless the LORD, O you his angels,  
you mighty ones who do his word,  
obeying the voice of his word!

<sup>21</sup> Bless the LORD, all his hosts,  
his ministers, who do his will!

<sup>22</sup> Bless the LORD, all his works,  
in all places of his dominion.

Bless the LORD, O my soul! (ESV)

### ***WHY DO WE NEED TO REMEMBER?***

Isaiah 51:12 & 13 — <sup>12</sup> “. . . Who are you that you fear mere mortals, human beings who are but grass, <sup>13</sup> that you forget the LORD your Maker, who stretches out the heavens and who lays the foundations of the earth, that you live in constant terror every day because of the wrath of the oppressor, who is bent on destruction?

2 Peter 1:5 – 9 — <sup>5</sup> For this very reason, make every effort to add to your faith goodness; and to goodness, knowledge; <sup>6</sup> and to knowledge, self-control; and to self-control, perseverance; and to perseverance, godliness; <sup>7</sup> and to godliness, mutual affection; and to mutual affection, love. <sup>8</sup> For if you possess these qualities in increasing measure, they will keep you from being ineffective and unproductive in your knowledge of our Lord Jesus Christ. <sup>9</sup> But whoever does not have them is nearsighted and blind, forgetting that they have been cleansed from their past sins.

“I, even I, am he who blots out your transgressions, for my own sake, and remembers your sins no more.” (Isaiah 43:25)

We need to remember because remembering is being so mindful of something . . . so conscious of something that it influences your \_\_\_\_\_, your \_\_\_\_\_, and your \_\_\_\_\_.

***a principle:*** What \_\_\_\_\_ your thinking sets the whole course of your life.

### ***WHY DO WE FORGET?***

Deuteronomy 8:10 – 14 — <sup>10</sup> When you have eaten and are satisfied, praise the LORD your God for the good land he has given you. <sup>11</sup> Be careful that you **do not forget** the LORD your God, failing to observe his commands, his laws and his decrees that I am giving you this day. <sup>12</sup> Otherwise, when you eat and are satisfied, when you build fine houses and settle down, <sup>13</sup> and when your herds and flocks grow large and your silver and gold increase and all you have is multiplied, <sup>14</sup> then **your heart will become proud and you will forget** the LORD your God . . .

### ***WHAT CAN WE DO ABOUT OUR FORGETFULNESS?***

Verse 1 – Bless the LORD, O my soul, and all that is within me, bless his holy name!

We do that by \_\_\_\_\_

Psalms 1 . . . his delight is in the law of the LORD, and on his law he meditates day and night.

Soaking the \_\_\_\_\_ deep into your soul.