

Unload

Matt. 11:30 For my yoke is easy and my burden is light.

Sabbath:

- Starts sundown Friday and ends sundown Saturday.
- Rest means, "to cease" (Gen.2:2-3).
- A reminder of God's order in life.
- A provision for all people, also extending to animals and the land.

Key Verses:

Genesis 2:2-3

Exodus 16:22-29

Exodus 20:8-11

Leviticus 25

Isaiah 61:1-2

Luke 13:14

(homework verses)

Galatians 4:9-11

Colossians 2:16-17

Hebrews 4:4-11

Take Away:

1. What "_____ " can you unload?
2. Take _____ to celebrate what God has done for you!

Hebrews 4:11 Let us, therefore, make every effort to enter that rest.